



## Health and Scrutiny Oversight Committee Report

### Update on CAMHS Tier 4 (specialist inpatient /day patient and alternatives to admission) Provider Collaborative

#### 1. Context

Sussex Partnership NHS Foundation Trust (SPFT) is the lead provider of the Kent and Sussex Provider Collaborative for Child and Adolescent Mental Health (CAMHS) Tier 4 Services. The provider collaborative (PC) operated in shadow form from October 2020 until going live on 1<sup>st</sup> October 2021. Provider Collaboratives are a key ambition in the NHS Long Term Plan for mental health services and once 'live' formally take on the responsible commissioner role for a defined population of specialised commissioned services with NHSEI retaining accountability.

The current CAMHS Tier 4 services in the Provider Collaborative network are:

- KMAH – a CAMHS General Adolescent Unit (GAU) located in Staplehurst, Kent that provides 11 beds and 3 day places/outreach. There is an additional enhanced Treatment Pathway.
- Chalkhill – a CAMHS General Adolescent Unit (GAU) located in Haywards Heath, Sussex that provides 16 beds and a 5 day place with an urgent help service.
- Elysium Brighton and Hove - a CAMHS Specialist Eating Disorder Service (SEDU) that provides 16 beds.

#### 2. Purpose of Update Report

This update paper is to sight the HOSC on the context and background of the Provider Collaborative.

We would like to update on the current developments and future developments.

The Provider Collaborative and NHSEI anticipate to be in a position to provide a report regarding lessons learnt from the unplanned closure of the CAMHS Tier 4 unit in Godden Green in October 2021 including recommendations from the independent enquiry of the serious incident to HOSC in April 22.

#### 3. Background

This Provider Collaborative brings together CAMHS Tier 4 and community providers from across the footprint as well as case managers and supporting staff and services. We have established a clinical partnership and each member of this is developing a thorough understanding of the services commissioned to meet the needs of the population and the patient cohort.

The partnership enables a more collaborative and joined-up approach to commissioning and associated service delivery through admissions and discharge planning, increasing the likelihood of patients getting access to appropriate services that best suit their needs at the earliest possible opportunity including accessing appropriate community treatment rather than going into hospital if it's not needed.

As a partnership we have formed a Clinical Activity Panel (CAP) and Single Point of Access (SPA) for CAMHS Tier 4 services. The CAP consists of senior clinicians, managers from Tier 4 in-patient services /crisis teams and specialist community CAMHS / Eating disorder services and senior representatives from social care nominated directly by the respective Directors of Children's Services. By bringing together clinical and operational experts we are ensuring that clinical decisions are made by the most appropriate people to better enhance patient care.

The SPA operates a full service finding and gatekeeping function. This allows a better grip of the cohort and releases clinical capacity in teams who were previously bed searching. Case Managers oversee all young people who are referred for admission and those in units as well as unit quality assurance

#### **4. Medium Term Bids**

Following the closure of Godden Green and Ticehurst, the Provider Collaborative was successful in being awarded 3 schemes in the South East to increase capacity and access to Tier 4 services within our area. Scheme's 1 and 2 are due to come online by April 2022.

These schemes -

- 1) 3 Additional General Acute beds at Kent and Medway Adolescent Hospital and the addition of 3 short stay beds. The short stay beds allow for a seamless pathway from crisis to inpatient and back to home as these will fall under the enhanced treatment pathway so they remain with their teams.
- 2) Day hospital for Sussex predominantly working with Eating Disorders.
- 3) Increase PICU capacity (Psychiatric Intensive Care unit). We are currently working with Sussex Partnership Foundation Trust as they have a potential site to be able to locate this unit. This unit will be accessible to Kent patients and others who require a PICU bed.

#### **5. Kent & Medway System Rapid Response**

The Provider Collaborative along with NHSE/I and the local Kent and Medway system initiated the Kent and Medway System Rapid Response. This was convened at pace to review and address the pressures within the crisis and complex pathways, in particular the length of delays in children and young people accessing

CAMHS Tier 4 services while on acute paediatric wards (or in Places of Safety) in Kent & Medway and their associated care pathways in May 2021. The response initiated a shared action plan which resulted in the below positive outcomes for Tier 4-

- 16 CYP waiting for CAMHS Tier 4 services at the beginning of June 2021, reduced to 3 by October 2021, representing an 81% reduction in CYP waiting for Tier 4 services.
- Reduction in wait times for a Tier 4 bed for those children waiting on a paediatric ward from 55 days to 13 days.

The rapid response was stood down on the basis of these outcomes and the Kent and Medway referrals for Tier 4 beds remains low.

## **6. Phase 2 Provider Collaborative Development**

The medium-term bids above are phase 1 of our clinical development, phase 2 is to enhance current services and to use anticipated savings from reduced inpatient admissions for alternatives to admission that will further reduce bed days. We will be working with our partners, local services and children/young people/families to further develop the model, responding to local need.

Nina Marshall

Provider Collaborative Program Manager for Kent and Sussex CAMHS Tier 4 Services and Adult Eating Disorders.

13/01/2022